



The Mustang Middle School coaching staff would like to invite you to be a part of the Bronco Athletic Program during the 2025-2026 school year.

**The following information is important to know if you are playing a fall sport:**

**Volleyball: Head Coach – Kelsey Sosebee ([sosebeek@mustangps.org](mailto:sosebeek@mustangps.org))**

**Spring volleyball:** Thursday, May 8th, and Friday, May 9th, from 4:30-6:00 p.m. at MMS gym. There will be a round of cuts on Thursday, with final cuts on Friday, May 9th. You must bring the appropriate paperwork to try out: the spring tryout waiver/physical. You will need athletic clothes, shoes, volleyball knee pads, and a water bottle. Please pick your athlete up at 6 p.m. from MMS.

**Required parent/player/coach meeting for those that make the team:** TBA

**Fall volleyball practice for those that make the team:** begins on Tuesday, July 15th (8:00 – 10:00 am) in the MMS gym. Following July 15th, practice will be daily on weekdays from 8-10 am.

**Communication Information:** email Coach Sosebee with any questions.

**Softball: Head Coach – Amie Shackelford ([shackelforda@mustangps.org](mailto:shackelforda@mustangps.org))**

**Spring Softball:** Thursday, May 8th and Friday, May 9th- 4:30-6:30 p.m. at MMS Softball field (located beside the school).

**Required parent/player/coach meeting:** August 7th @ 6:00 p.m.

**Fall softball practice:** Starts July 28th 8 a.m.-10 a.m. @ the softball field (a more detailed schedule will be handed out the Friday of Tryouts to girls who make the team).

**Communication Information:** Please email Coach Shack @ the email above with any questions.

**Cross Country: Head Coaches-Chris Sawyer ([sawyerch@mustangps.org](mailto:sawyerch@mustangps.org)) & Tess Jenkins ([jenkinst@mustangps.org](mailto:jenkinst@mustangps.org))**

**Spring Cross Country:** May 5th, 6th, and 8th from 4:30-5:30. Enter through Door 5 at Mustang Middle School.

**Required parent/player/coach meeting:** August 7th @ 6:00 pm.

**Locker Check Out:** August 11th from 4:00-6:00 pm

**Fall practice:** Practice will start August 12th @ 6:45 am.

**Communication Information:** email Coach Sawyer or Coach Jenkins with any questions.

**8<sup>th</sup> Grade Football: Head Coach – Jared Palmer ([palmerj@mustangps.org](mailto:palmerj@mustangps.org))**

**Spring Prep:** May 5th, 6th, 8th, 9th, 12th and 16th 4:30-5:30pm Enter through Door 5 at MMS

**Required parent/player/coach meeting:** August 7th @ 6pm

**Fall football practice:** Begins August 11th. Doors open at 6am(door 5) and practice begins 6:30-8am

**Communication Information:** Email Coach Palmer ([palmerj@mustangps.org](mailto:palmerj@mustangps.org))

**7<sup>th</sup> Grade Football: Head Coach – Blake Bowen ([bowenb@mustangps.org](mailto:bowenb@mustangps.org))**

**Spring Prep:** May 5th, 6th, 8th, 9th, 12th and 16th 4:30-5:30pm Enter through Door 5 at MMS

**Required parent/player/coach meeting:** August 7th @ 6pm

**Fall football practice:** Begins August 11th. Doors open at 6am(door 5) and practice begins 6:30-8am

**Communication Information:** Email Coach Bowen ([bowenb@mustangps.org](mailto:bowenb@mustangps.org))

**Cheer: Head Coach – Bethany Fair (fairb@mustangps.org)**

**Cheer Clinic/Tryouts:** Cheer Clinic is Monday, May 12th from 6:30-7:30 PM, and Wednesday, May 14th from 4:30-7:30 PM; Tryouts start at 10 am on Saturday, May 17th (Both Cheer Clinic and tryouts are at the MHS Wellness Center)

**Required parent/player/coach meeting for those that make the team:** May 19th at 7 PM at MMS Cafeteria

**Cheer Camp:** June 23rd- June 27th at Central Middle School (in the morning, specific times TBA)

**Communication Information:** Email Coach Fair at the email address above or Coach Bristol at [bristolj@mustangps.org](mailto:bristolj@mustangps.org) with any questions or concerns!

**Each student must have a completed OSSAA physical form turned in before he/she can engage in practices and/or games. Students and parents must also electronically sign the RankOne forms at [mustangbroncos.org](http://mustangbroncos.org) before participation is permitted. \*\* See attached information sheet for instructions\*\* This year's team physical day is on Friday, May 16<sup>th</sup> at the high school event center. \*\*\*See attached sheets for further information \*\*\***

**Of course, you can always go to your own personal physician for your physical, but please make sure that you take a current O.S.S.A.A. form with you when you go.**

**DO NOT GET A SPORTS PHYSICAL BEFORE MAY 1st!!!!**

Other competitive sports that 7<sup>th</sup> and 8<sup>th</sup> grade students can participate in at MMS include wrestling, basketball, track, tennis, and golf. More information about those sports will be available at a later date.

We hope that you will make a serious consideration to become part of the Bronco Athletic Program at Mustang Middle School for this upcoming school year.

Sincerely,  
Chris Sawyer  
Mustang Middle School, Athletic Director